

Policy Response

[The government's response to the Adult Social Care Committee report](#)

This is the government's formal response to the House of Lords Adult Social Care Committee report, [A "gloriously ordinary life": spotlight on adult social care](#), published on 8 December 2022.

Cochrane Clinical Answer

[How does bupropion compare with placebo for promoting smoking cessation in adolescents and adults?](#)

High-certainty evidence shows that bupropion is more effective than placebo for enhancing smoking cessation success; however, treatment with the antidepressant may also increase rates of adverse events.

[Do healthy-eating interventions delivered in early childhood education and care services help improve the diet of children aged six months to six years?](#)

Moderate-certainty evidence shows that for children aged six months to six years, healthy-eating interventions (including curriculum strategies, ethos and environment strategies and partnership strategies conducted in early childhood education and care services) probably result in a slight increase in fruit consumption but little to no difference in non-core foods or sugar-sweetened beverage consumption, when compared with no intervention or an alternative, non-dietary intervention. High-certainty evidence shows that these interventions lead to fewer children having overweight and obesity (on average, 121 vs 148 per 1000 children), but may have no clear effect on body mass index (low-certainty evidence). Results for diet quality, vegetable consumption, and adverse effects were very uncertain.

Strategy Update

[Palliative and end of life care factsheet: Patterns of care, England 2021](#)

Patterns of care near the end of life related to 4 major conditions: cancer, cardiovascular disease, dementia and respiratory disease. This update includes a new publication of a palliative and end of life care factsheet: Patterns of care near end of life.

Research Update

[Advice on scheduling and lawful access to nitrous oxide](#)

The Advisory Council on the Misuse of Drugs (ACMD) has provided advice on the scheduling of nitrous oxide.

Public Health

[NHS Choice Framework - what choices are available to you in your NHS care](#)

Sets out patients' rights to choice in healthcare, where to find information to help choose, and how to complain if choice is not offered.

[COVID-19 autumn 2023 vaccination programme: JCVI advice](#)

Statement setting out the advice from the Joint Committee on Vaccination and Immunisation (JCVI) on the COVID-19 vaccination programme for autumn 2023.



News

[Safe, timely and appropriate care can be delivered both in person and remotely, says College Chair](#)

Responding to the latest Pulse survey on the number of GPs able to offer patients a face-to-face appointment, Professor Kamila Hawthorne, Chair of the Royal College of GPs, said: "Safe, timely and appropriate care can be delivered both in person and remotely."

[NHS launches hospital matching platform to bring down longest waits](#)

Thousands of patients who need NHS treatment could be quickly and easily allocated to hospitals that can take on their care thanks to a new online 'matching' platform.

[Government boosts use of independent sector capacity to cut NHS waits](#)

Thirteen new community diagnostic centres are opening across the country to deliver more than 742,000 additional scans, tests and checks a year.

[NHS to roll out flu vaccines for children from September](#)

Millions of children in England will be offered a flu vaccine from September, as the NHS steps up its life-saving vaccination programme to protect the country against deadly viruses ahead of winter.

[New inserts in cigarette packs to help smokers quit](#)

Government seeks views on adding pack inserts to tobacco products to encourage smokers to quit.

[Government announces new plan to help those impacted by ME/CFS](#)

Interim delivery plan outlines 21 actions to improve understanding, research and care for those living with myalgic encephalomyelitis/chronic fatigue syndrome.

[Experts to lead AI Safety Summit preparations as new funding announced to modernise healthcare](#)

Two leading experts appointed to spearhead preparations for UK to host AI Safety Summit as £13 million unveiled to revolutionise healthcare research.

[How much exercise do we need to do?](#)

Research suggests that an hour and a quarter per week (11 minutes per day) of moderate-intensity exercise can lower risk of these outcomes, compared with no exercise. The analysis supports the recent change to UK public health messaging that 'some exercise is better than none.'

[Young people with eating disorders on the rise in England](#)

New analysis of NHS data by the Children's Commissioner has found that the number of children and young people starting treatment for eating disorders has more than doubled.

[Growing numbers of delayed discharges from community hospitals](#)

Community hospitals play a very important role in supporting patients but, unlike with larger hospitals, little has been known until now about how they struggle with delayed discharges. Following a freedom of information request, this chart of the week from Emma Dodsworth reveals the number of patients experiencing delays leaving community hospitals, and highlights the capacity challenges such hospitals face.