

Guidance

[Suspected cancer: recognition and referral \[NG12\]](#) Last updated: 24 August 2023

In **August 2023**, we partially updated the [recommendations on colorectal cancer](#) in line with [NICE's diagnostic guidance on quantitative faecal immunochemical testing to guide colorectal cancer pathway referral in primary care](#).

[Women's Health Pocket Guide](#)

This updated, easy to use, reference tool is for nurses and midwives working with women, including in gynaecology, sexual and reproductive health, in all health and social care settings across the UK.

[Navigating the emotions of starting primary school](#)

Advice and guidance for parents from an early years educational psychologist.

Briefings

[Briefing 61: Social needs among people living with mental health difficulties](#)

Many people with long-term mental health difficulties live in poverty, face financial precarity, and lack housing security. Helping people with these and a wide range of other social needs is fundamental to good mental health support.

Public Advice

[A long term vision for YouTube's medical misinformation policies](#)

In the years since we began our efforts to make YouTube a destination for high-quality health content, we've learned critical lessons about developing Community Guidelines in line with local and global health authority guidance on topics that pose serious real-world risks, such as misinformation on COVID-19, vaccines, reproductive health, harmful substances, and more. We're taking what we've learned so far about the most effective ways to tackle medical misinformation to simplify our approach for creators, viewers, and partners.

Calls for Evidence

[Drug use in ethnic minority groups](#)

The ACMD will use your response to help them formulate advice to government about drug use in ethnic minority groups.

Webinars

[Top tips for boosting your digital skills, with BT Group and Age UK](#)

Join a free upcoming webinar with guest speakers from BT Group and Age UK discussing how to ensure that senior citizens, in particular, are not left behind in the digital revolution. Tools and tips shared in the webinar can also help others, including disabled people, to harness the benefits of adjusting technology to suit their needs.

Podcasts

[Picker Group CEO discusses patient experience in the post-covid era on the HSJ Podcast](#)

Following the release of several national surveys in 2022, Picker Group Chris Graham joins the Health Service Journal (HSJ) podcast Health Check to provide further insights in the recent findings, how they should be used to improve quality and reduce health inequalities, and whether there is a bigger role for "real-time" experience measures.



Blogs

[People with lived experience must be at the heart of changes to how police handle mental health incidents](#)

On 18 August, the Met police announced they will delay rolling out a change in how they handle mental health incidents. In this blog, CEO Dr Sarah Hughes questions whether the delay is long enough. And how it will be rolled out across the country in a way that centres people with mental health problems.

News

[Government orders independent inquiry following Lucy Letby verdict](#)

Inquiry announced into circumstances behind murders and attempted murders of babies at Countess of Chester Hospital to help families get the answers they need.

[Verdict in the trial of Lucy Letby](#)

Letter from Amanda Pritchard; Sir David Sloman; Dame Ruth May and Professor Sir Stephen Powis, following the outcome of the trial of Lucy Letby.

[NHS launches lifesaving campaign to help people spot a heart attack](#)

The NHS is launching a lifesaving campaign to encourage people to call 999 when they are having early signs of a heart attack, as admissions for heart attack return to pre-pandemic levels.

[NHS partners with Morrisons to put vital cancer awareness messaging on underwear labels](#)

Morrisons and the NHS are working together to put advice on underwear labels urging people to contact their GP practice if they spot potential symptoms of breast or testicular cancer. The Nutmeg-branded underwear featuring NHS advice will be in 240 Morrisons stores nationwide, initially in men's boxer shorts and followed by crop top bras in the coming months.

[NHS rolls out world-first programme to transform diabetes care for under 40s](#)

Tens of thousands of people in England living with early onset type 2 diabetes will benefit from more intensive and targeted care, thanks to a world-first initiative being rolled out by the NHS.

[NHS blood pressure checks at the barbers to prevent killer conditions](#)

The NHS is expanding blood pressure checks available in local communities including barbershops, mosques and at a dominoes club, as part of a major drive to prevent strokes and heart attacks.

[Around 1 in 8 new students unprotected against meningitis](#)

Approximately 13% of new students missed their free MenACWY vaccine in school and remain unprotected against 4 deadly types of meningitis.

[Pertussis outbreaks in nurseries and educational settings](#)

Guidelines for pertussis outbreaks in nurseries and educational settings.

[Flu vaccination programme 2023 to 2024: healthcare practitioners](#)

Guidance for healthcare practitioners on the national influenza immunisation programme 2023 to 2024.

[RCN joins call for 'Essentials Guarantee' as cost of living crisis persists](#)

As the high price of everyday essentials continues, food scarcity and poor living conditions are having devastating knock-on consequences on mental and physical health. In addition to this, people are having to miss medical appointments to avoid travel costs and to reduce or not take medication as they can no longer afford prescription costs.



[Technologies offering monitoring from home in virtual wards recommended for people with an acute respiratory infection](#)

People with an acute respiratory infection (ARI) could be monitored from their own homes using technology platforms that will feedback vital information on their condition to clinical staff, NICE has said in draft guidance.

[Digital services to enable easier access to weight management support](#)

Four digital programmes can be used to help the NHS deliver specialist weight management services to support the use of medication in England, NICE has said in draft guidance.

[Is inequality driving higher public spending on people from poorer backgrounds?](#)

Headline measures show that levels of poverty and income inequality in the UK have stayed relatively flat in the past decade. Meanwhile, new research indicates that spending on public services has become more redistributive, with relatively more spent on people with lower incomes.

[Extra investment in out-of-hospital care can reap billions for the wider economy](#)

Extra investment in primary and community NHS services could mean tens of billions of pounds in additional investment ploughed back into the wider economy, according to the findings of new independent analysis.

[Risk of premature birth 50 per cent higher in mothers with poor mental health, large-scale study shows](#)

A new NIHR funded research from led by researchers at King's College London, the University of Exeter, the London School of Hygiene and Tropical Medicine and the University of Liverpool has found that women who had had at least one contact with mental health services in the seven years prior to their pregnancy were at increased risk of preterm birth.

[Narrowing the disadvantage gap: How home learning and self-regulation in the early years shape school attainment](#)

A new study has found a clear links between low socioeconomic status (SES), the quality of the pre-school home learning environment, the ability of children to self-regulate and academic attainment in English and maths.

[Gypsy traveller group faced a higher risk during the covid-19 pandemic](#)

New research shows, for the first time, a higher risk of COVID-19 hospitalisation or death for the White Gypsy/Traveller ethnic minority group. The research, which looked at over 4.3m people in Scotland, was led by the MRC/CSO Social and Public Health Sciences Unit at the University of Glasgow and published in the Journal of Epidemiology & Community Health. The study also found a higher risk of hospitalisation and death for Pakistani and African people when compared with the White Scottish group.

[Mapping early years practice in England: results from our pilot](#)

The aim of this pilot study was to better understand the factors that affect different levels of progress among children eligible for free school meals in the early years, especially those influenced by local public services.

[COVID boosters to be sold on the high street – here's what effect this may have on uptake](#)

COVID boosters will be available to buy from high-street pharmacists and private healthcare providers across the UK in 2024. The news comes just weeks after the UK government announced that free boosters would only be available on the NHS for over-65s this autumn.

[How tracking menopause symptoms can give women more control over their health](#)

Menopause can cause more symptoms than hot flushes alone. And some of your symptoms and reactions might be due to the menopause, even if you are still having periods. Research shows that keeping track of those symptoms can help to alleviate them.





[Common heart medication less effective in south Asian people – new research](#)

People who have recently had a heart attack are often prescribed clopidogrel, a medication that decreases the risk of having another heart attack. While the drug is very effective at preventing subsequent heart attacks, it can only work if it's activated by the body's CYP2C19 enzyme. Certain genetic variations mean the body can't activate clopidogrel, because it can't make this enzyme.

