

Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

[Prevalence and clinical correlates of suicide attempts in patients with first-episode drug-naïve major depressive disorder and comorbid autoimmune thyroiditis](#)

Patients with MDD and autoimmune thyroiditis with abnormal TSH are at higher risk for suicide attempt. TPOAb, TSH and anxiety are all independently associated with suicide attempts in this population, and regular thyroid checks are warranted.

[Evaluating changes in functioning and psychological distress in visitors of the @ease youth mental health walk-in centres](#)

Among return visitors, 50.5% were female, 79.4% were in tertiary education and 36.9% were born outside of The Netherlands. Moreover, 29.9% of return visitors presented with suicidal ideations, 97.1% had clinical psychological distress levels, and 64.1% of the latter had no support in the previous 3 months. From visit 1 to 3, psychological distress decreased and social and occupational functioning improved. Over an average 3.9 visits, 39.6% improved reliably and 28.0% improved clinically significantly on the SOFAS, which was 28.4% and 8.8%, respectively, on the CORE-10, where 43.2% improved in clinical category. Counselling satisfaction was rated 4.5/5.

[Latent groups from multidimensional factors and effects on suicidal ideation in older adults](#)

Our findings suggest that co-occurrence of depression and self-neglect represents a suicide risk pattern in high-risk older individuals. Therefore, local communities need to urgently screen and provide interventions for such older adults and strengthen their capacity for multidimensional aspects of life to prevent suicide in the long term.

[Contacts with primary and secondary healthcare before suicide by those under the care of mental health services: case-control, whole-population-based study using person-level linked routine data in Wales, UK during 2000–2015](#)

We may be missing existing opportunities to intervene, particularly in emergency departments and hospital admissions with self-harm presentations and with unattributed self-harm, especially in females. Prevention efforts should focus on strengthening routine care contacts, responding to emergency contacts and better self-harm care. There are benefits to enhancing clinical audit systems with routinely collected data.



perfect care
Suicide prevention
crisis research risk self-harm
assessment resources
statistics information
study



NHS

Mersey Care
NHS Foundation Trust

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Digital Guide

[Talking faith in suicide prevention — Produced by FaithAction](#)

Faith Action have developed a digital guide on faith in suicide prevention for front-line workers, people leading front-line teams, and anyone planning or implementing suicide prevention or postvention strategies in public or voluntary, community and faith sectors (VCFSE). It was developed in collaboration with representatives of six faith traditions, as well as front-line workers and people with lived experience.

News

[Tech firms must tame toxic algorithms to protect children online](#)

Ofcom sets out more than 40 practical steps that services must take to keep children safer. Sites and apps must introduce robust age-checks to prevent children seeing harmful content such as suicide, self-harm and pornography. Harmful material must be filtered out or downranked in recommended content. These are among more than 40 practical measures in our [draft Children's Safety Codes of Practice](#), which set out how we expect online services to meet their legal responsibilities to protect children online.

[Man's jail suicide recorded as unlawful killing by Milton Keynes inquest](#)

The death of a man who took his own life in prison in Buckinghamshire has been recorded as an unlawful killing, in what is believed to be the first finding of its type by an inquest jury. The jury concluded that Fenlon died by unlawful killing contributed to by neglect. Failures and inadequacies that were found to have contributed included failing to follow procedures and inadequate staff training.

