

## Reports

### [Vast inequalities faced by women in the North of England exposed in report](#)

Women in the North of England live shorter lives, work more hours for less pay, are more likely to be an unpaid carer, and more likely to live in poverty than women in other regions of England, according to new research published today.

### [Men's health: The lives of men in our communities](#)

Men in the most deprived areas in England live nearly 10 years fewer than those in the least deprived. It is clear working in partnership is the key to addressing men's health – and councils are ideally placed to lead and foster that.

### [Regional inequalities in Long Covid rates revealed](#)

A fifth of patients in some areas of the North of England have Long Covid, according to research released today (Friday 23rd August 2024).

### [Delivering with dignity: A framework for strengthening commissioning and provision of healthcare services for people seeking asylum](#)

Our report, Delivering with dignity: A framework for strengthening commissioning and provision of healthcare services for people seeking asylum, finds that people seeking asylum in England often have complex health needs and yet face significant barriers to accessing timely, quality, and appropriate healthcare.

### [Virtual wards operational framework](#)

This framework supports consistency across the NHS and the relevant goals in line with the Year 2 urgent and emergency care (UEC) recovery plan and the 2024/25 priorities and operational planning guidance: maintaining virtual ward capacity and optimising occupancy so it is consistently above 80%.

### [Killer tactics from tobacco, alcohol, and unhealthy food and drink industries](#)

This report, developed by Action on Smoking and Health, Obesity Health Alliance and Alcohol Health Alliance, highlights the common strategies used by the tobacco, alcohol and unhealthy food and drink industries to delay and undermine public health policies in order to protect their business models. The report sets out the serious health harms caused by these unhealthy products as well as the high levels of public support for protecting health policy from the influence of industry.

### [Just living and coping](#)

The cost-of-living crisis has had a profound impact on people with mental health problems, with many struggling to get by day-to-day at the expense of their health. Just living and coping draws together research commissioned by Mind to explore the impact of the cost-of-living crisis. The Centre's researchers heard from 500 people across England and Wales, many of whom already had mental health problems.

### [Investigating the impact of loneliness and social isolation on health](#)

Loneliness is increasing in the UK. The Office for National Statistics reports that across Great Britain 8% of adults state they feel lonely often or always. Alongside concerns about the negative effects on society, there has been an increasing interest in the links between loneliness and health. The WHO Commission on Social Connection and the US Surgeon General have both publicly called for loneliness to be treated as a public health priority.

## Reviews

### [Review of NHS trust strategies for addressing health inequalities](#)

NHS trusts play a crucial role in addressing health inequalities by focusing on providing equitable access to services and ensuring patients receive a consistent level of care. Our health inequalities guide for trust board members provides practical steps to ensure trust boards address health inequalities as part of their core business.

## Guidance

### [Flu vaccination: who should have it this winter and why](#)

This explains the importance of the influenza (flu) vaccination this winter: 2024 to 2025.

### [Complete routine immunisation schedule](#)

Immunisation information for health professionals and immunisation practitioners.

### [Community diagnostic centres – guidance for planning, design and implementation](#)

The national Community Diagnostic Centre (CDC) Programme is now in its third year and has approved 170 CDC sites across England. This guidance sets out next steps and best practice for systems on developing CDCs, including sections on commissioning, governance, engagement, regulatory and accreditation requirements, digital connectivity, workforce and pathway development. It updates and replaces the guidance published on the CDC FutureNHS page in June 2022.

## Campaigns

### [Stoptober 2024](#)

Stoptober is back this October to encourage and support smokers to quit for good. We've created a suite of assets including a partner toolkit, static and animated social assets, posters, digital screens and email signatures to help you support the campaign locally. All assets feature the key message 'Stop smoking for Stoptober and you're 5 times more likely to quit for good'. We've also included editable versions should you wish to include details of local websites/services.

## Blogs

### [Improving the interface between primary and secondary care](#)

Improving relationships and collaboration across the interface can deliver better care for patients.

### [Tackling health inequalities: Arch Healthcare's approach in Brighton](#)

Across England, tackling health inequalities remains a priority, with one particular focus on inclusion health groups – people who are socially excluded and face overlapping risk factors such as poverty, violence, and complex trauma.

## News

### [NHS 111 offering crisis mental health support for the first time](#)

Millions of patients experiencing a mental health crisis can now benefit from support through 111, the NHS has announced today. The change means the NHS in England is one of the first countries in the world to offer access to a 24/7 full package of mental health crisis support through one single phone line.



### [Over 130,000 people to benefit from life-saving health checks](#)

More than 130,000 people across the country will be better protected from diseases such as heart disease, kidney disease and diabetes.

### [Landmark moment as NHS kicks off first ever RSV jab rollout](#)

The NHS has started vaccinating people against Respiratory Syncytial Virus (RSV), for the first time in its history. RSV, a leading cause of infant mortality around the world, is a common cause of coughs and colds but can lead to severe lung infections like pneumonia and infant bronchiolitis, which are highly dangerous to older people and young children.

### [10 million being let down by mental health prevention plans](#)

A new report released today (Thursday 5 September) by the Mental Health Foundation, Planning for Prevention, has highlighted that an estimated 10 million people across England – almost 1 in 5 of the country's population - are living in areas where local plans for improving the public's mental health are insufficient.

### [What is the scale of the challenge to address health inequalities affecting children and young people?](#)

With many children living in poverty, understanding how health inequalities affect children and young people is vital in order for the NHS to meet their health care needs. Miranda Davies reviews children's hospital inpatient care in 2023/24 on five key clinical areas in England – asthma, diabetes, epilepsy, oral health and mental health.

### [UK teenagers get two-thirds of their calories from ultra-processed foods – new study](#)

Humans have been processing food for thousands of years. While some processing can increase food's safety and shelf-life, consuming lots of ultra-processed foods (UPFs) is linked to health issues such as obesity, high blood pressure, heart disease and type 2 diabetes.

### [Generations of young women have been bombarded with weight loss medications – 'skinny jabs' are just the latest](#)

"I couldn't stop being sick. My side and my back were hurting and I just felt like my body was totally shutting down." That's how one woman described the side effects of weight loss injections she'd bought off-label in a BBC investigation. Her experience is far from uncommon. Medics in the UK are even reporting that young girls are ending up in A&E as a result of taking these products illicitly.