





3 September 2024

Please visit https://www.evidentlybetter.org/bulletins/suicide-prevention/ to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

Supporting NHS colleagues following a coworker's suicide

In her debut blog, Brittany Oldale collaborates with Sarah Watts to summarise a grounded theory study that sought to create a postvention theory for how to support colleagues' following a colleague's suicide within the NHS.

<u>Suicide-related internet use among mental health patients who died by suicide in the UK: a national clinical survey with case–control analysis</u>

The findings affirm SRIU as a feature of suicide among patients of all ages and highlight that clinicians should inquire about SRIU during assessments. Importantly, as the most common type of SRIU can expand knowledge on suicide means, clinicians need to be aware of the association between SRIU and choice of methods. This may be particularly relevant for patients approaching a significant calendar event.

Toolkit

Launch of PPI Toolkits in Self-Harm and Suicide Prevention Research

On July 30th, Greater Manchester Patient Safety Research Collaboration hosted a highly insightful and collaborative online event focused on enhancing Patient and Public Involvement and Engagement (PPIE) in self-harm and suicide prevention research. The event, organised by the Centre for Mental Health and Safety at the University of Manchester and the MIHR Greater Manchester Patient Safety Research Collaboration, marked the launch of two significant resources designed to improve PPIE practices in this critical field.

Statistics

Number of suicides in children aged 10 to 17 years, in England and Wales, registered between 2001 and 2023

The number of suicides in boys and girls aged between 10 and 17 years old; in England and Wales, registered between 2001 and 2023.

















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Webinars

Join the ZSA 'Let's talk about suicide' webinar

The Zero Suicide Alliance (ZSA) is hosting two webinar sessions on Monday, 9 September (10.30am to 11.30am and 1.30pm to 2.30pm). The sessions will look how we talk about suicide, why it matters, why we need to talk more and share tips to help encourage conversations.

Watch the presentations from the 5th Zero Suicide International Summit

Videos of the talks from the 5th Zero Suicide International Summit are now available to watch on YouTube. At the event, researchers and experts from across the globe shared their learning and insights and took part in panel discussions. Attendees came to Liverpool from 22 countries and were welcomed with a video from His Royal Highness William, Prince of Wales.

News

Call for investment in crucial early intervention as suicide rates reach highest level in 20 years

British Association for Counselling and Psychotherapy are calling for the government to urgently invest in suicide prevention as new figures from the Office of National Statistics (ONS) reveal that suicide rates in England and Wales are at their highest levels in two decades. The data from the ONS showed 6,069 suicides were registered in England and Wales in 2023 – an increase from 5,642 in 2022, and the highest rate since 1999. Three-quarters of the recorded deaths were male, but the female suicide rate also reached its highest level since 1994. ONS stats

Social media response to suicide and self-harm content 'unfit for purpose'

The Molly Rose Foundation (MRF) today releases first-of-its-kind research that reveals children are being put at risk by the failure of major social networks to detect and remove dangerous suicide and self-harm content. Analysis of over 12 million content moderation decisions by six major tech platforms shows that over 95% of suicide and self-harm posts are being detected by just two major platforms, Pinterest and TikTok.

Astonishingly, Instagram and Facebook are each responsible for only 1 per cent of all suicide and self-harm content detected by major platforms. X, formerly known as Twitter, is responsible for just 1 in 700 content decisions.

Suicide risk for female doctors 76% higher than general population

Suicide risk is significantly higher for female doctors compared with the general population, according to an analysis of evidence from 20 countries. The researchers said that while suicide rates among doctors have declined over time, and risk varied across different countries and regions, the results highlighted a need for continued research and prevention efforts. Their findings were published in the BMJ journal.









