

elderly vascular geriatrics
Alzheimer's environment
cognition early onset
fronto-temporal research
memory old age
dementia
support
lewy bodies



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16 September 2024

September is World Alzheimer's month!

**Keep an eye on our social media accounts for information and resources available to you.
Click on the social media icons at the bottom of this page.**

Studies

[Effectiveness of Horticultural Therapy in Older Patients With Dementia: A Meta-Analysis Systemic Review](#)

Horticultural therapy has been found to have a significantly positive impact on the cognitive function, depression status, ADL, and quality of life of older patients with dementia.

[Attitudes of Nursing Home Managers Regarding Cognitively Stimulating Activities in People With Dementia: A Multicentre Cross-Sectional Study](#)

Representatives of 64 facilities completed the survey. Almost all stated to have implemented cognitively stimulating (CS) activities. Cognitive exercises (98%), physical and relaxation exercises (98%) and reminiscence therapy (95%) were most often used. The majority (96%) thought that CS activities could support people with dementia in maintaining their cognitive functions and that nurses should have a key role in the implementation of CS activities. More than half believed that regular CS activities were easy to implement alongside routine nursing

News

[Lord Darzi's report on the NHS shows why we must make dementia a priority](#)

Lord Ara Darzi's review of the NHS highlights why the UK government needs to act now and invest in dementia diagnosis, care and research.

[Treating eyesight issues could prevent one in five dementia cases, study finds](#)

Up to one in five cases of dementia in older people might be avoided if problems with eyesight are prevented or treated, research has suggested. A new study, [published in the journal Jama Ophthalmology](#), suggests up to 19% of dementia cases in older people could be attributed to vision impairments.

[Light pollution at night may increase risk of Alzheimer's, study finds](#)

New research claims that exposure to outdoor light at night may increase the prevalence of Alzheimer's disease, especially in people under the age of 65. The researchers who conducted the study, funded by a National Institutes of Health grant and published in the journal [Frontiers in Neuroscience](#) on Friday, said they have found correlations between areas of the US with excessive exposure to artificial light at night and the prevalence of Alzheimer's disease.

[Three brain healthy habits to try](#)

This World Alzheimer's Month, three supporters whose loved ones have experienced dementia share how they look after their brain health.



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[Sports concussions in non-athletes not linked to long-term cognitive effects](#)

The impact of concussion while playing sport is different in those who don't play professionally, according to new research. The collaborative study between the University of Oxford, University of Exeter, UNSW Sydney, and Harvard University, suggests sports-related concussions (SRC) may not be associated with long-term cognitive risks for non-professional athletes. In fact, study participants who had experienced an SRC had better cognitive performance in some areas than those who had never suffered a concussion, pointing to potential protective effects of sports participation. [Published in The Journal of Neurology, Neurosurgery and Psychiatry \(JNNP\)](#), the research reveals that individuals who reported experiencing any SRC during their lifetime had a marginally better cognitive performance than those who reported no concussions.

[Pioneering tech for healthy ageing: Radar and deep brain stimulation innovations](#)

Prof Timothy Constandinou is working on pioneering radar technology that is about to be deployed into people's homes for the first time. We caught up with Tim to find out more about the potential impact of these devices and explore his other innovations in the field of Deep Brain Stimulation. This article is part of our 'Deliver' series, showcasing the UK DRI's mission to discover the causes of neurodegeneration, develop possible treatments and deliver solutions for healthy ageing.

Conference

[6th annual Liverpool Dementia & Ageing Research Conference](#)

The 6th annual Liverpool Dementia & Ageing Research Conference will be held at The Liner Hotel on 23 October. The theme of this year's conference is "Spotlight on public involvement and engagement in dementia research and care".

Webinars

[Upcoming webinars - Young Dementia Network](#)

Young Dementia Network have 2 upcoming webinars, 'How can a GP help people with young onset dementia?' (16 October), and 'Working together to support children and young people affected by parental young onset dementia' (19 November).

