

Reports

[Review into the operational effectiveness of the Care Quality Commission: full report](#)

Final findings and recommendations of the review into the operational effectiveness of the Care Quality Commission (CQC).

[Review of CQC's single assessment framework and its implementation](#)

This review has been commissioned by the board of the Care Quality Commission (CQC) to complement the report by Dr Penny Dash, by looking at changes that CQC made following the publication of its new strategy in 2021 and their impact. Importantly, this review makes recommendations on solutions to CQC's current problems.

[The case for neighbourhood health and care](#)

Identifying the defining factors necessary to achieve effective, community-led health and wellbeing at the neighbourhood level.

Guidance

[Urgent and emergency mental health care for children and young people: national implementation guidance](#)

Improving the experience and outcomes of children and young people who present with a mental health crisis is a national priority. The NHS Long Term Plan set out that all children and young people experiencing a mental health crisis must be able to access timely age-appropriate crisis care 24 hours a day, 7 days a week. This guidance supports ongoing local implementation of crisis services by commissioners and providers, working with service users and their families, carers and other partners.

Publications

[Making Sense of Women's Health](#)

This updated publication is designed for the non-specialist nurse. It highlights conditions that women can experience, the likely outcomes and how to access appropriate resources or treatment.

Blogs

[Mental health in the workplace – caring for staff](#)

World Mental Health Day (WMHD) is an important day to mark. It acts as a personal but also a corporate reminder to check in with friends, colleagues and loved ones to talk about mental health, and to make sure that people have the support they need.

[Breaking the cycle of homelessness and poor mental health](#)

Earlier this year, Centre for Mental Health and Homeless Link co-hosted a roundtable that brought together key stakeholders from across sectors to explore the barriers faced by people experiencing both poor mental health and homelessness, and potential opportunities to create change.

[Improving health equity through the London Inspire Programme](#)

Health inequalities remain a persistent challenge for Black communities across London. Black Caribbean and African populations are disproportionately impacted by conditions such as diabetes, cardiovascular disease and chronic kidney disease, with poorer outcomes and lower levels of healthcare access compared to other ethnic groups. These challenges became glaringly apparent during the COVID-19 pandemic, exposing deep-rooted disparities and reinforcing the urgent need for targeted interventions.



[Blog: The importance of mental health education](#)

Dr Ilan Ben-Zion discusses how mental health education can empower patients and families.

[Falls](#)

Falling continues to be a critical public health issue for older adults, with approximately one-third of persons aged 65 years and older falling each year. This blog looks at the essential role nursing can play in falls prevention.

[The climate crisis: a critical threat to mental health](#)

We all know that the climate crisis is getting worse, and we're seeing its effects everywhere. We're getting used to temperature records being broken, hearing that sea levels are rising around the world and seeing the devastating impacts of extreme weather events.

[Blog: Will Weight Loss Drugs Be The 'Silver Bullet For Obesity' They Are Made Out To Be?](#)

The Government announcement this week of an investment from pharmaceutical company Eli Lilly to increase access to new weight loss medication has added further speculation as to what the future holds for treating overweight and obesity in this country.

News

[87,000 people with a severe mental illness have died from preventable physical health conditions in three years](#)

For World Mental Health Day, the Royal College of Psychiatrists is calling on the Government to take urgent action to close the mortality gap between people with severe mental illness (SMI) and the rest of the population.

[CQC responds to reviews by Dr Penny Dash and Professor Sir Mike Richards](#)

The regulator has accepted the high-level recommendations of both reports, which identify serious organisational failings, and is taking rapid action in response.

[Warning lights flashing on mental health stigma, says Mind](#)

The charity's latest Attitudes to Mental Illness report - the most comprehensive analysis of the state of stigma around mental health in England - shows that several key measures of public attitudes to mental health have seen their first decline in over 10 years.

[Mind urges anyone going through menopause to prioritise their mental health](#)

The call comes as Mind releases new content on the impact menopause can have on mental health. The information includes details on symptoms, what treatments are available, and how we can look after ourselves if we find our mental health worsening while going through menopause.

[Consultation on updated guideline to assess and prevent falls in older people](#)

We are seeking views from healthcare professionals and the public on draft recommendations covering assessments and interventions to reduce the risk of falls in older people. In particular, the proposed recommendation that home hazard assessments should be carried out by an occupational therapist.

[WHO Mosaic toolkit to end stigma and discrimination in mental health](#)

Launched on World Mental Health Day 2024, the new World Health Organization (WHO) Mosaic toolkit was developed by WHO, researchers at the Institute of Psychiatry, Psychology & Neuroscience (IoPPN) at King's College London and experts by experience from the Global Mental Health Peer Network.

[England's NHS mental health services treat record 3.8 million people last year](#)

Around 3.8 million people were in contact with NHS mental health, learning disability and autism services over the last year, up almost two fifths compared to before the pandemic.



[People with severe mental illness more than four times as likely to die from pneumonia compared to the general population](#)

New research from the Institute of Psychiatry, Psychology & Neuroscience (IoPPN) at King's College London has found that people with severe mental illness (SMI) - such as bipolar disorder and schizophrenia - are more than four times as likely to die from pneumonia compared to the general population.

[Government issues rallying cry to the nation to help fix NHS](#)

Members of the public as well as NHS staff and experts will be invited to share their experiences views and ideas for fixing the NHS.

[NHS hospital care: Who is waiting and what are they waiting for?](#)

Backlogs in NHS care and long waiting times in England are widespread, and politicians, policymakers and the public are well aware of this. But headline numbers obscure important distinctions, and questions remain unanswered about who is bearing the brunt of delays. This new QualityWatch analysis uses urgent and emergency care and planned care data alongside an ONS patient survey to understand how waiting times vary by age, sex, ethnicity, and level of deprivation, and how waits for specific conditions differ.

[Analysis reveals 'hugely concerning' disparities in waiting times between different patient groups in England](#)

New analysis from the Nuffield Trust and the Health Foundation reveals there are large differences between how long different groups of patients are waiting for NHS care in England.

[New Position Statement: A Way Forward for the Treatment of Obesity](#)

For the launch of the Obesity Health Alliance's "Treatment of Overweight and Obesity Position Statement & Evidence Review", over 200 NHS healthcare professionals have written to the Health and Social Care Secretary Wes Streeting MP. The OHA are calling for an urgent comprehensive review of overweight and obesity treatment services across England, in response to longstanding issues with these services, and an unprecedented public demand for new pharmaceutical treatments.

[How to Talk about Alcohol](#)

We need a new way of talking about alcohol which broadens understanding of the many ways alcohol causes harm - a story which can build a movement for change. That's why we're excited to share new research and an evidence-based framing toolkit to help us all tell a more powerful story about alcohol.

[Virtual reality and wearable technology pilot to cut drug deaths](#)

The government will fund research into wearable technology, virtual reality and artificial intelligence in a bid to support people with drug addictions.

[Almost 1 in 10 secondary school pupils currently vape, new NHS survey shows](#)

A quarter of 11 to 15-year-olds have tried vaping and nearly 1 in 10 (9%) do it frequently, according to new statistics published today.

[Government pledges further action to strengthen patient safety](#)

Patient safety at heart of government's plans for healthcare reform as Health and Social Care Secretary orders action to improve regulator performance.

[Certificates recognising heartbreak of losing a baby extended](#)

All parents who have experienced losing a pregnancy can apply for a certificate formally recognising their loss, the government has announced.



[Schoolchildren with asthma face different risks at different ages](#)

A study of more than 119,000 school-aged children compared the features of asthma at different ages.

[Paralympian joins NHS call for students and young children to get protected against meningitis](#)

The NHS is urging students and parents of young children to get themselves and their loved ones protected against meningitis ahead of an expected surge in cases that typically follow the start of the academic year.

[Major crackdown on NHS waste](#)

A new strategy is being published to radically cut the number of single-use medical devices in the health service.

[Pressure on A&E continues with 1.2 million extra attendances so far this year](#)

New NHS data shows there have been 1.2 million more accident and emergency (A&E) attendances so far this year compared to the same period before the pandemic, as the NHS ramps up its preparations for winter.