

Please visit <u>https://www.evidentlybetter.org/bulletins/suicide-prevention/</u> to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

'Once you've opened that can of worms': qualitative study to understand why liaison psychiatry staff are not asking about domestic abuse following self-harm

There is a clear need to improve the support offered to victim-survivors of domestic abuse who self-harm and present to healthcare services. National implementation of education and training to better equip liaison psychiatry teams with the skills and knowledge to sensitively support victim-survivors of domestic abuse is required.

<u>Substance use and risk of suicide among adults who sought mental health and addiction</u> <u>specialty services through a centralised intake process in Nova Scotia: a cross-sectional</u> <u>study</u>

Suicide behaviours were prevalent among clients seeking MHA services. Substance use is an important factor associated with suicide risk in this population. This result underscored the importance of considering substance use patterns when assessing suicide risk and highlighted the need for targeted interventions and preventive measures for individuals engaging in substance use. Future interventional studies are needed to identify and evaluate effective strategies for reducing substance use and suicide risk among clients of MHA central intake.

New meta-analysis confirms high suicide rates amongst doctors

Reviews a study showing that doctor suicide rates, particularly for females, exceed those of the general population.

Adolescents with disabilities at higher risk of self-harm, but intersectionality also a vital consideration

Reviews a study exploring the prevalence and risk factors for self-harm in adolescents with and without disabilities living in the UK.

Conference

Suicide and Self-Harm Research North West (SSHaRe NoW), Tue, Nov 19, 2024, 10:00 AM, Quaker Meeting House, Liverpool

The 7th annual Suicide and Self-Harm Research North-West (SSHARE NoW) conference brings together clinicians, individuals with lived experience, researchers, and academics in the field. The FREE conference aims to raise awareness of and facilitate discussion about suicide prevention research and initiatives taking place across England about selfharm and suicide. This year the theme of the conference will be on high-risk groups.











News

The Lancet Commission on self-harm report

A new Lancet Commission has urged more clinical, public health and policy action to tackle the urgent issue of self harm. Led by an international team of experts, including Prof Nav Kapur, Consultant Psychiatrist, the <u>report</u> highlights key recommendations. Take a look at an <u>infographic</u> summarising the report.

<u>Samaritans publishes new lived experience videos on how to manage self-harm</u> <u>and suicidal thoughts</u>

To help anyone currently struggling, Samaritans have just launched a new series of videos featuring people with lived experience, and Samaritans volunteers, talking about what helped them in their own journeys - and in supporting others - with self-harm and suicidal thoughts.







