

Reports

[The Big Mental Health Report 2024](#)

The Big Mental Health Report is for anyone looking for trusted information on how mental health problems affect people in England and Wales.

Publications

[Mental Health Bill 2025: fact sheet](#)

This document provides more information on the Mental Health Bill, which was introduced in the House of Lords on 6 November 2024.

[Mental Health Bill 2025](#)

Information relating to the Mental Health Bill which was introduced in the House of Lords on 6 November 2024.

[Mapping the mental health of the UK's young people](#)

This map tool draws from the latest data to show prevalence of mental health difficulties across the UK, including rates of eating disorders and self-harm, hospital admissions and secondary care referrals, and wider factors such as loneliness, school absence and bullying. It reveals stark disparities in children's mental health across the four nations of the UK and between local areas.

[The Big Mental Health Report](#)

Mental ill health costs England £300 billion a year – about double the size of the NHS annual budget. 1 in 5 children and young people currently have a mental health problem, but only a third were able to access treatment in England last year. Life expectancy of people with a severe mental illness is about 15–20 years shorter than those without.

[The Tobacco and Vapes Bill 2024](#)

Information relating to the Tobacco and Vapes Bill which was introduced in the House of Commons on 5 November 2024.

[Protecting children, families and vulnerable from tobacco harms](#)

Professor Sir Chris Whitty writes for The Times on the Tobacco and Vapes Bill.

[COVID-19 vaccination in 2025 and spring 2026: JCVI advice](#)

Statement setting out advice from the Joint Committee on Vaccination and Immunisation (JCVI) on the COVID-19 vaccination programmes for 2025 and spring 2026.

Webinars

[NASP webinar: The impact of social prescribing on health service use and costs](#)

Those commissioning, managing and working in personalised care and services across Integrated Care Systems want to know if social prescribing works and whether it can reduce health service use and costs. This webinar will share findings from a recently published NASP briefing showing where social prescribing has worked to do this.

Podcasts

[Local green spaces are linked with better mental health](#)

In this podcast, Helen Saul, Editor in Chief of NIHR Evidence, and study author Sarah Rodgers, Professor of Health Informatics, University of Liverpool, discuss the impact of local green spaces on people's mental health.



Blogs

[Towards dignity and choice: key reforms in the Mental Health Bill 2025](#)

Last week, the UK Government unveiled its much-anticipated Mental Health Bill, which contains a raft of measures aimed at significantly overhauling the Mental Health Act. This reform seeks to give people better rights, reduce inequalities, and improve mental health outcomes for all.

[From collection to action: Making the most of experience data to embed person centred care in the NHS of the future](#)

In a previous blog, Chris Graham discussed the purpose of patient experience measurement – and how measuring what matters can drive person centred care. But there is more to improvement than measurement alone, argues Olli Potter.

News

[Better care for mental health patients under major reforms](#)

Mental Health Act reformed to improve treatment of patients and address disparities.

[“The Mental Health Bill is a step in the right direction but there is still work to be done” – Royal College of Psychiatrists](#)

The Royal College of Psychiatrists welcomes the introduction of the new Mental Health Bill, as this will support the delivery of relational care, in which clinicians work in greater partnership with patients to ensure that compulsory inpatient admissions focus on therapeutic benefit and safety for all.

[SANE comments on new bill to reform and modernise the Mental Health Act](#)

The government has revealed details of a new bill which it says will give patients who are sectioned under the Mental Health Act more dignity and say over their care.

[Stark disparities exist in children and young people’s mental health across UK, a new data map has revealed](#)

A new data map produced by Centre for Mental Health in collaboration with Kooth has revealed stark disparities in children and young people’s mental health across the four UK nations and between local areas.

[Nuffield Trust responds to latest NHS performance statistics](#)

“Today’s figures offer fresh insight into just how pressured things are in the health service as it braces itself for another tough winter.”

[COVID inquiry: 'Why were RCN warnings ignored?'](#)

Nursing testimony at the COVID-19 Inquiry has highlighted how the failure to listen to the nursing profession led to inadequate infection prevention guidance and improper supply of PPE, putting staff at risk.

[Almost one in ten children obese in first year of school](#)

Obesity levels among children starting their first year of school have increased to almost one in ten, according to new NHS figures published today.

[TikTok and WHO are getting together to help combat widespread health misinformation on social media](#)

The social media platform TikTok has become a cultural phenomenon, influencing the behaviour and taste of its users in almost every area of life. From dance trends to skincare and make-up products, health hacks to fad diets, TikTok recommendations can go viral within minutes – and so can its health advice.



[Smoking ban introduced to protect children and most vulnerable](#)

The government will introduce plans for tougher action to protect people from the harms of smoking in the Tobacco and Vapes Bill today.

[NHS rolls out 'stop-smoking' pill to help tens of thousands quit](#)

Thousands of lives could be saved thanks to the roll-out of an improved anti-smoking pill on the NHS in England, the head of the health service will announce today.

[Providers Deliver: shifting care upstream](#)

NHS trusts are leading new approaches to ensure patients can get the care they need in the right place at the right time.

[Concerns raised that NHS digital plans could exclude older adults](#)

Concerns have been raised that the government's NHS digital and data plans could exacerbate health inequalities for older adults who do not have access to technology.

[A new plan aims to fix the UK's 'broken' food system –but here's what the strategy overlooks](#)

Two-thirds of the UK population are either overweight or obese – a crisis that costs billions each year in healthcare and lost productivity. Yet, in a 2021 review of nearly 700 obesity-related policies in England, researchers at the University of Cambridge found no evidence they had successfully reduced obesity. A House of Lords committee last month declared there had been an “utter failure to tackle this crisis”. It suggested an ambitious strategy to “fix our broken food system”.

[Hospital admissions for strokes rise by 28% since 2004 – as NHS urges the public to 'Act FAST'](#)

NHS England data shows an increase to 111,137 stroke admissions in England in 2023/24 – from 87,069 in 2004/05 – driven in part by an ageing population and the impacts of lifestyle factors on the nation's cardiovascular health.

[Digital eye screening for people with diabetes could save hundreds of thousands of hospital appointments](#)

The NHS is providing advanced eye scans closer to home for tens of thousands of people with diabetes which could save up to 120,000 hospital appointments a year and help prevent life-changing sight loss.

[What support do young carers find helpful?](#)

Young carers are children or young adults who care for a family member with long-term physical or mental health issues, substance misuse, or disability. Researchers explored the needs of young carers and the people they care for.

[RCGP and NHSE urge practices to become veteran friendly accredited this Remembrance](#)

This Remembrance the Royal College of General Practitioners (RCGP) and NHS England urge GP practices to become veteran friendly accredited and prevent 'silently struggling' veterans from delaying seeking medical help.

[Public health initiatives needed to promote healthy working at home, say researchers](#)

Home-worker's perceptions of their workload and their ability to switch off after the working day are among a list of factors associated with health and wellbeing related behaviours.

[Uses of AI Translation in Public Services](#)

The findings are both informative and concerning. They reveal significant use of AI-powered translation tools, including Google Translate and ChatGPT, in healthcare, legal, emergency, and police services - a practice that has largely gone unnoticed and unregulated.





[Birth defects prevented by fortifying flour with folic acid](#)

New legislation being introduced today will require millers and flour producers to fortify non-wholemeal wheat flour with folic acid from the end of 2026.

[Eight conditions weight-loss jabs might be beneficial for](#)

The weight-loss jab Wegovy made its debut on June 4 2021. It was the first new weight-loss drug to be approved by the US Food and Drug Administration since 2014.

