

\*\*\*Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.\*\*\*

## Studies

### [Suicide in mental health patients in the UK between 2005 and 2021: study of methods and clinical characteristics to inform prevention](#)

A method-specific focus may contribute to suicide prevention in clinical settings. Hanging deaths outside of wards may be difficult to prevent but our study suggests patients with recent self-harm or in the early stages of their illness may be more at risk. Patients with complex clinical histories at risk of suicide by self-poisoning may benefit from integrated treatment with substance use services. Environmental control initiatives are likely to be most effective for those at risk of jumping or drowning.

### [Suicide prevention: expanding the narrative to preventing the crisis, not just treating the crisis](#)

Summarises the recent Lancet Public Health series on suicide prevention, which looks at public health interventions, addressing the risk factors and determinants of suicide, and the transmissibility of suicide.

### [The hypothalamic–pituitary–thyroid axis, depression and risk of suicide: commentary](#)

There is a considerable literature on the relationship of thyroid function with risk of depression and responsiveness to depression treatment. This literature is briefly reviewed here, followed by a focus on the incremental advance provided by the findings of Luo et al on autoimmune thyroiditis and suicide attempts.

### [Worsening suicidal ideation and prolonged adverse event following psilocybin administration in a clinical setting: case report and thematic analysis of one participant's experience](#)

Psilocybin could lead to temporary worsening of suicidal ideation and instigate prolonged adverse events that outlast its acute effects. Paradoxically, it could simultaneously lead to an improvement in functional outcomes which is not clear on depression rating scales. This calls for a qualitative exploration of serious adverse events and participant accounts to deepen our understanding of the psilocybin experience and its different outcomes.

### [Risk of admission to hospital for self-harm after admission to hospital for COVID-19: French nationwide longitudinal study](#)

Hospitalisation for COVID-19 during the early pandemic was linked to a lower risk of subsequent self-harm than hospitalisation for other reasons. Clinicians should consider psychiatric history and intensive care factors in evaluating the risk of future suicide.



## Report

### [Suicide by nurses: Update report \(2011–2022\)](#)

New report out today looks at factors specific to female nurses who died by suicide in comparison with women in other occupations, and factors specific to male nurses in comparison with men in other occupations. This is an update of a previous study which aimed to establish preliminary data about women who died by suicide while employed as nurses.

## Blog

### [Why a feminist perspective? — Revisioning Nurse Distress and Suicidality](#)

The necessity of using a feminist perspective to study suicidality among nurses.

## News

### [New guide on self-injury in children with a learning disability](#)

The national charity Cerebra has published a comprehensive guide to self-injury in children with a learning disability in order to help parents and carers better understand and potentially reduce self-injurious behaviours.

### [Draft Statement of Strategic Priorities for online safety](#)

The Online Safety Act requires a wide range of services to deploy highly effective age assurance to protect children from extremely harmful content, including pornography and content that encourages, promotes or provides instructions for suicide, self-harm or eating disorders.

### [Instagram actively helping spread of self-harm among teenagers, study finds](#)

Meta is actively helping self-harm content to flourish on Instagram by failing to remove explicit images and encouraging those engaging with such content to befriend one another, according to a damning new study that found its moderation “extremely inadequate”.

### [‘My daughter took her own life because of social media - but a ban is not the answer’](#)

Ian Russell, the father of Molly Russell, argues a ban would delay crucial reforms and push ‘bad actors en masse on to gaming platforms’.

### [Secretary of State commits to first ever men's health strategy](#)

Health and Social Care Secretary Wes Streeting announced plans at a Men’s Health Summit with Movember and the Premier League. The strategy will address biggest issues affecting men of all ages that are costing lives. This could include heart disease and strokes, prostate cancer and testicular cancer, as well as mental health and suicide prevention.

### [Widow of gambling addict lambasts watchdog's failure to investigate suicides](#)

The widow of a man who took his own life after becoming addicted to gambling says more people will die because the regulator is refusing to investigate suicides linked to the addiction.