



# EVIDENTLY BETTER

*New resources & news from your Evidence & Library Service*



## Christmas & New Year

Access to the physical library spaces during the Christmas/New Year period will be as follows:

### **Indigo Library**

The Indigo building will be closed from 24th December until 2nd January.

### **Rathbone Library**

The building will be closed during the bank holiday period, but those who have registered for 24 hour access will be able to access via their Staff ID badge. To request out of hours access please contact: [EstatesFacilitiesHelpdesk@merseycare.nhs.uk](mailto:EstatesFacilitiesHelpdesk@merseycare.nhs.uk)

### **Hollins Park Library**

The Library will close at 4pm on 24th December and reopen on 2nd January.

The Evidence & Library Service will be closed over Christmas between 25th December – 2nd January however you can still access our huge range of articles and resources online using your Open Athens account.

OpenAthens accounts are free for all staff, to request one, or to request a password reset, email us before 24th December to [library@merseycare.nhs.uk](mailto:library@merseycare.nhs.uk)

Thank you and Merry Christmas

“When I discovered libraries, it was like having Christmas everyday”  
Jean Fritz



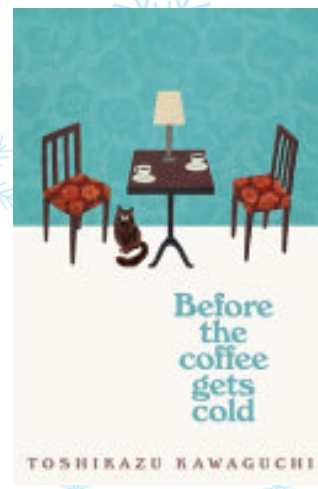
# Winter Reading



A winter book  
selected stories  
Tove Jansson

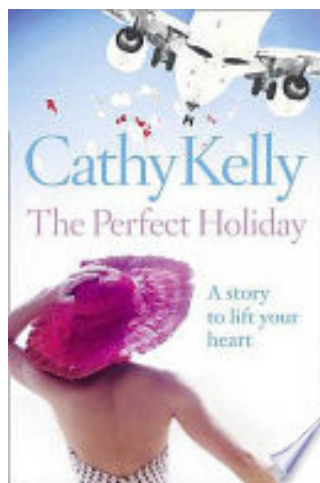


Winter Wellbeing  
How to beat the  
bugs & blues  
Liggy Webb

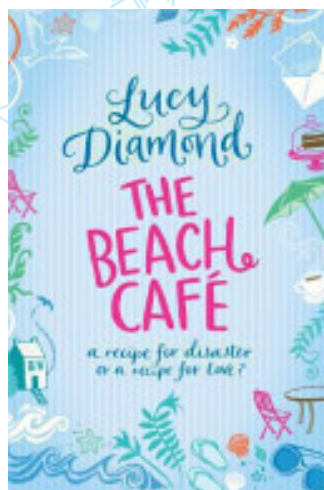


Before the  
coffee gets cold  
Toshikazu  
Kawaguchi

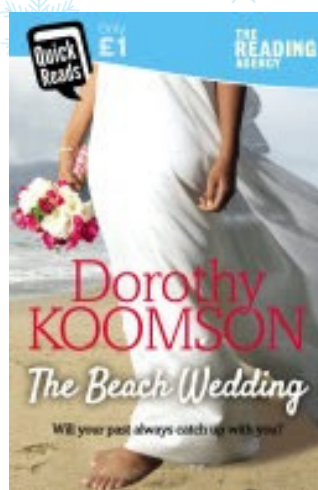
## Where we would like to be!!



The perfect holiday  
A story to lift your  
heart  
Cathy Kelly



The Beach Cafe  
A recipe for disaster  
or a recipe for love  
Lucy Diamond

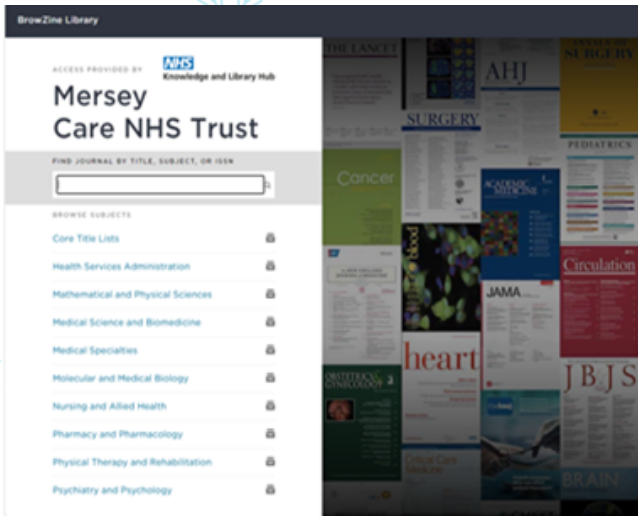


The Beach wedding  
Will your past always  
catch up with you?  
Dorothy Koomson



A baby at the  
Beach Cafe  
Lucy Diamond

All of these titles are available to loan  
and can be sent to one of our three libraries for you to collect.



## Journals

# Spotlight on...

- You have access to hundreds of journals
- Covering lots of topics

To access them you might need your OpenAthens Account details.

Just search for a topic that you are interested in and a list of journal titles will come up, choose a journal, which will then open showing the years and volumes that we have access to. You can then pick the articles that you wish to read.

Scan the QR Code to access:



# Did you know....

that we create our own bulletins?

We search a wide range of sources to bring together current information to support your practice and save you time.

We have five different ones covering the topics of:

- Dementia
- Depression and Anxiety
- Learning Disabilities & Autism
- Suicide Prevention
- Community Health
- 

To sign up please scan the below QR code to visit our keep-up-to-date page:



# Puzzle time

## Quiz of the year 2024

January	February	March	April	May	June
Ingenuity (helicopter) was supposed to make 5 flights. It made its last flight in January. How many flights did it make?	The Chinese New Year started in February. 2024 is the year of what mythical creature?	Who won the best actor Oscar and for what film?	Why did Donald Trump make history in New York?	Who ended their tour with a celebration in Rio de Janeiro?	What record did Carlos Alcaraz set in winning the French Open tennis?
July	August	September	October	November	December
What was unique about the Olympic Opening Ceremony?	Staying with the Olympics, who won Britain's only athletics gold medal?	Which actress who had found new fans in the Harry Potter films died?	As well as Australia, where did King Charles and Queen Camilla visit on their overseas tour?	What was the word of the year according to Collins Dictionary?	Why was Joe Biden in the news at the start of the month?

Visit <https://www.evidentlybetter.org/files/2024/12/Quiz-of-the-year-answers.pdf> to find the answers

## Take 5... Seasonal treats

chosen by Sarah Cross



Fancy hot drinks



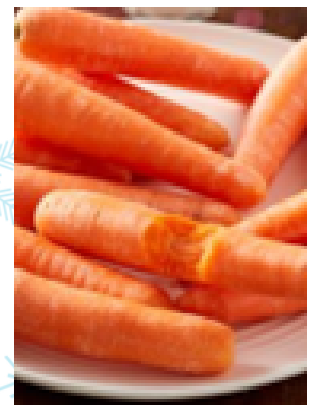
Tubs of Chocolates suddenly appearing



Mince pies, love them or loath them



Cheeseboards - go on, just one more bit



Carrots - for Rudolph!