

Reports

[Future Minds campaign launches with new research warning the trillion-pound cost of failing to tackle the children's and young people's mental health crisis is holding back Government's growth plans](#)

New research released today warns that the mental health crisis facing children and young people will prevent the Government from its mission of boosting economic growth and productivity as well as impacting the lives of thousands of young people. The research estimates that the long-term impact of mental health problems in childhood now costs the UK over £1 trillion in lifetime lost earnings.

[Mental health inpatient settings: Creating conditions for learning from deaths in mental health inpatient services and when patients die within 30 days of discharge](#)

In June 2023 the Secretary of State for Health and Social Care announced that HSSIB would undertake a series of investigations focused on mental health inpatient settings. This report describes the findings of the fourth of those investigations.

[The Government's Response to the UK House of Lords Food, Diet and Obesity Committee's Report](#)

The UK Government has published its response to the UK House of Lords Food, Diet and Obesity Committee's food and health report Recipe for Health: A Plan to Fix our Broken Food System. The report was published last year based on evidence from experts, including many OHA members.

Policy Papers

[Road to recovery: the government's 2025 mandate to NHS England](#)

The government's mandate to NHS England sets out the objectives they should seek to achieve.

[Government response to the House of Lords food and health report](#)

The government's response to the House of Lords Food, Diet and Obesity Committee's report 'Recipe for health: a plan to fix our broken food system'.

[Better Care Fund policy framework 2025 to 2026](#)

This policy framework sets out the objectives, conditions and funding arrangements for the Better Care Fund (BCF) for 2025 to 2026.

Guidance

[Tobacco: preventing uptake, promoting quitting and treating dependence \[NG209\]](#)

This guideline covers support to stop smoking for everyone aged 12 and over, and help to reduce people's harm from smoking if they are not ready to stop in one go. It also covers ways to prevent children, young people and young adults aged 24 and under from taking up smoking.

Studies

[Electronic cigarettes for smoking cessation](#)

Electronic cigarettes (ECs) are handheld electronic vaping devices that produce an aerosol by heating an e-liquid. People who smoke, healthcare providers, and regulators want to know if ECs can help people quit smoking, and if they are safe to use for this purpose. This is a review update conducted as part of a living systematic review.



Blogs

[NHS England's priorities and planning guidance](#)

NHS England recently published its priorities and operational planning guidance for 2025/26, and our President Dr Roman Raczka has taken a look at what it means for psychology.

[You can't pour from an empty cup: the value of community for parent mental health](#)

Parent Mental Health Day is held on 30th January, with the theme Creating Positive Connections. To mark the day Gillian Meens, manager of the Small Talk programme for lone parents shares her own experience of the necessity of community for parents and how peer support can make the world of difference.

News

["Mental health crisis affecting children is bad for individuals, the NHS and national productivity" says RCPsych in response to new report](#)

The Future Minds campaign has published a new report about the mental health crisis affecting children and young people and its impact on national productivity.

[More research into children and young people's mental health urgently needed, says RCPsych](#)

A new study has found that a shortage of senior academic posts in child and adolescent psychiatry is threatening the development of mental health treatments for young people.

[UK government appears to be deprioritising mental health](#)

Mind has responded to the latest NHS England planning guidance. The guidance sets out instructions, targets and priorities for health leaders.

[Centre for Mental Health responds to 2025 NHS Mandate and Planning Guidance](#)

This year's NHS Planning Guidance recognises the importance of improving mental health care but provides little sign of the necessary investment or transformation to meet rising levels of need, Centre for Mental Health said today.

[BPS members work alongside Public Affairs team to call for key changes in the Mental Health Bill](#)

In November 2024, the Mental Health Bill 2024 was first introduced; a huge step forward in fixing the often unequal and unfair measures in the Mental Health Act 1983. The Bill aims to reform the 1983 Mental Health Act by ensuring it is fit for purpose for today and addressing stark inequalities in the mental health system.

[Long COVID: women at greater risk compared to men – could immune system differences be the cause?](#)

About 5% of people who catch COVID have long-lasting symptoms. In these people, loss of smell, dizziness, fatigue and other hallmark COVID symptoms can persist for months after the initial illness. Yet even five years after the COVID pandemic began, we still don't know why some people develop long COVID and others don't.

[How people with eating disorders are negatively affected by calories on menus](#)

If you have recently been to a restaurant or cafe, you may have noticed calorie information displayed on the menu for each item. This is one example of so called "out-of-home" nutritional labels, referring to any food and drink bought outside the home which is not already prepackaged. Several countries have introduced these types of menu labels to reduce obesity levels.

["Resilience acts as a buffer to adversity"](#)

For Children's Mental Health Week, we spoke to Dr Sarah Cresswell about the impact of 'collective resilience' and the steps adults can take to model resilient behaviours.



[Local public health services given £200 million boost](#)

Local communities to receive funding for family and school nurses, sexual health clinics and other public health services.

[Response to Public Health Grant allocations for 2025/26](#)

Commenting on the boost to the public health grant, Nuffield Trust Chief Executive Thea Stein.

[Healthcare professionals advised to ask people about gambling at health checks and GP appointments](#)

The recommendation is included in our first clinical guideline on gambling-related harms: identification, assessment and management.

[Public expenditure in the last year of life](#)

Supporting people at the end of life is a crucially important element of public spending, yet there is remarkably little evidence available on how much money is being spent on it, and what that money goes on. The Nuffield Trust and the Health Economics Unit were commissioned by Marie Curie to estimate the range of public expenditure that supports the care of people in their last year, to help inform national and local funding decisions to improve services for people at the end of life.

[The role of AI in the future of women's health](#)

Minister of State for Women's Health, Baroness Merron, spoke at the Responsible AI: Women and Healthcare Conference 2025, in London.

[AI sensors on fridges and kettles helping vulnerable people to live independently](#)

Councils are leveraging AI and technology to enhance public services, save money, and improve living standards, aligning with government plans for £45 billion in efficiency savings under the Plan for Change.