

Guidance

[Guidance on neighbourhood multidisciplinary teams for children and young people](#)

This guidance outlines the principles and core components that underpin all neighbourhood multidisciplinary teams for children and young people.

[Heat-Health Alert action card for health and social care providers](#)

This Heat-Health Alert action card summarises the suggested actions that providers of health or social care should consider at each Heat-Health Alert level.

[National flu immunisation programme plan 2025 to 2026](#)

The annual flu letter describes the national flu immunisation programme and outlines which groups are eligible for flu vaccination.

Public Advice

[Knowledge Empowers – The impact of credible health information](#)

Survey of health information users shows credible information empowers patients and helps people feel less alone.

Blogs

[Why wellbeing matters: the importance of supporting community health staff](#)

NHS community work is diverse, with a varied range of activities. It is also demanding, with more than 200,000 patient contacts taking place each day. Working outside of a hospital setting means that staff need to travel to clinics and patients' homes and be equipped to manage a range of health care and welfare demands from the patients they are supporting. Community staff are also essential to ensuring that patients who are well enough to be discharged from an acute setting can either return to their homes or to a step-down setting.

News

[New analysis of NHS data on mental health waiting times](#)

People are eight times more likely to wait over 18 months for mental health treatment than physical health treatment, NHS data reveals.

[Update on Long Covid services](#)

Long COVID services launched in 2020, to support patients who were suffering ongoing effects of the virus months after being infected, with symptoms including breathlessness, poor sleep, fatigue, a cough, or anxiety and low mood.

[The 10 Year Health Plan: what do we know about public perceptions of the three shifts?](#)

The 10 Year Health Plan is set to outline three significant shifts that the government wants to make in health and care – from an analogue system to a digital one, from care in hospitals to care in the community, and from a system that treats sickness to one that prevents ill health.

[Patients put off seeking care due to 'dysfunctional' NHS admin](#)

Letters arriving after appointments, not being kept updated about waiting times for treatment and chasing test results, are all commonplace issues having an impact on large numbers of patients, finds new research from The King's Fund, National Voices and Healthwatch England.



[Picker responds to The King's Fund, Healthwatch England and National Voices' joint 'Lost in the system: the need for better admin' report](#)

Responding to The King's Fund, Healthwatch England and National Voices' joint 'Lost in the system: the need for better admin' report, Jenny King, chief research officer at Picker.

[NHS Confederation responds to report on scale and impact of poor NHS administration](#)

Dr Layla McCay responds to public polling results that finds issues with admin are widespread.

[Latest data shows a child born in the UK today is expected to live almost 6 years less than previously anticipated](#)

Commenting on today's ONS life expectancy data, Anna Gazzillo, Senior Analytical Manager at the Health Foundation.

[Landmark ruling gives patients back the power to challenge doctors' assessments](#)

A High Court judge has overturned a previous decision which stripped a man with mental health problems of his ability to make certain decisions about his own life, including where he lived.

[10-year study to shed light on youth vaping](#)

Landmark study to investigate long-term health effects of vaping on young people's health and wellbeing, alongside wider influences on adolescent health.

[Regulate business activity to support better mental health for all, says Centre for Mental Health report](#)

Regulating the mental health impacts of business activity would help the Government to achieve its health mission and more besides, a new report from Centre for Mental Health has said today.

['Dirty nursing' arises from shame and stigma in women's health](#)

RCN Fellow Professor Helen Allan says funding and delivery of high standards of health care to women will only improve once we acknowledge that women's health is underfunded and stigmatised.

[Launch of NHS Confederation and Eli Lilly collaborative project on weight management pathways](#)

The NHS Confederation and Eli Lilly are launching a collaborative project to understand how ICSs can redesign weight management services.

[Celebrating Mental Health Nurses' Day 2025](#)

Back in 2019 the Royal College of Nursing's Mental Health Forum was proud to launch Mental Health Nurses' Day – a day that has now grown into a national movement. Six years on, it's time once again to celebrate the work that this incredible profession does every day of the year.