

## Reports

[Action for healthier working lives](#)

Final report of the Commission for Healthier Working Lives.

## Policies

[Digital Inclusion Action Plan: First Steps](#)

The Digital Inclusion Action Plan aims to close the digital divide in the UK, ensuring that the benefits of technology can be felt by all.

## Guidance

[Your guide to inclusive health communication](#)

Beyond Words, Into Practice is a free resource for anyone involved in creating health information — whether you work in an organisation, brand, service provider, or agency. It offers practical guidance for those looking to make their communications more inclusive, to better reflect and respect the diverse communities they serve.

[Family Hubs and Start for Life programme: local authority guide 2025 to 2026](#)

Guidance for the 75 pre-selected local authorities on the Family Hubs and Start for Life programme, for the 2025 to 2026 financial year.

## Papers

[The health of women from ethnic minority groups in England](#)

1 in 4 women in England is from an ethnic minority group, of whom many are migrants. Women from ethnic minority groups experience inequalities in health, and in access to, and experience of, health care services.

## Case Studies

[Neighbourhood health – case studies of good practice](#)

These case studies provide examples of existing good practice that forms the foundations of neighbourhood health. They should be read alongside the Neighbourhood health guidelines 2025/56.

## Podcasts

[From nursing to the ministry: the Bishop of London on faith, hope and health inequalities](#)

How connected are the health and faith sectors? And is there untapped potential in the faith sector to support people's health and wellbeing?

## Blogs

[Navigating the Mental Health Bill: Key themes from Committee Stage](#)

The process of reforming the Mental Health Act has been a long one, but we've now reached the end of committee stage in the House of Lords. During this phase, peers from across the House came together to scrutinise the Bill. They brought amendments to strengthen the Bill and debated on these changes across five days. Committee stage has now come to an end, but what were some of the key topics raised for both children and young people and adults?



[Blog for International Women's Day – Supporting women's mental health in criminal justice settings](#)

To mark International Women's Day 2025 Contract Manager for Together's Criminal Justice Services, Mischa Gwaspari highlights some important points on the ways our teams support women who've experienced mental distress who come into contact with the criminal justice system.

[Working with your patients for a healthy Ramadan](#)

Ramadan, the month of fasting observed by the majority of Muslims across the world, begins this year on the evening of 28 February 2025. It is a highly social time which many communities look forward to. The month is marked by abstinence of food and drink, amongst other pleasures, during daylight hours. In the UK, this will range from 14 to 16 hours as the sunshine begins to fill our days in the spring.

[Navigating Ramadan while living with an eating disorder: Jasmine's story](#)

Growing up as a British Pakistani Muslim, food has always been central to family life for Jasmine. But with lived experience of an eating disorder, she discusses the challenges of navigating Ramadan and fasting.

[Delivering culturally sensitive care](#)

The RCN Mental Health Forum Dennis sub group hosted a listening event about culturally sensitive care. This blog discusses the event further.

[Understanding people's experience of taking weight loss drugs](#)

Weight loss medications like Ozempic and Wegovy have emerged as a powerful tool to treat obesity, even if current rollout timelines – estimated at 12 years in England – fall far short of meeting population needs. Any credible strategy for halving obesity requires weight loss treatment for those who need it most, and these drugs represent an exciting new treatment route.

## News

[RCPsych raises concerns over planned spending cuts to children's eating disorder services as referrals rise](#)

The Royal College of Psychiatrists (RCPsych) has identified plans that would result in funding cuts for children and young people's eating disorder services in more than half of areas across England.

[Targeted parenting support for families in poverty can reduce postnatal depression and deliver economic benefits, says Centre for Mental Health report](#)

Providing early, flexible parenting support for families living in deprivation can boost mothers' mental health and promote family wellbeing, according to a new evaluation from Centre for Mental Health.

['Patients must be able to access care without facing discrimination' says College Chair](#)

RCGP responds to the NHS Race and Health Observatory's new report on Trust in Primary Care.

[New powers to tackle knife crime should go hand-in-hand with psychological support for young people, urges BPS](#)

The government has announced new legislation in tackling knife crime in the new Crime and Policing Bill.

[NHS Confederation responds to new public polling by the Health Foundation and Ipsos looking at public attitudes to health and care](#)

Responding to new public polling data published today by the Health Foundation and Ipsos looking at public attitudes to health and care under the new Labour government, Ruth Rankine, director of the primary care network at the NHS Confederation.



[GP access tops list of public concerns about the NHS](#)

New public polling published today by the Health Foundation and Ipsos shows that making it easier to get appointments at GP practices has risen to the top of the public's priorities for the NHS.

[Nationwide roll out of artificial intelligence tool that predicts falls and viruses](#)

A new artificial intelligence (AI) tool is being rolled out across the NHS that can predict a patient's risk of falling with 97% accuracy, preventing as many as 2,000 falls and hospital admissions each day.

[BPS responds to Raising the Nation Play Commission report](#)

The Raising the Nation Play Commission has published a new report which found children were spending significantly less time outdoors, declining by 50% in a generation.

[Boost in funding for care homes providing nursing](#)

The government has announced a 7.7% increase in funding for care homes providing nursing care in the community, which is tailored to an individual's needs and health outcomes. This includes administering medicines and performing procedures.

[Hospices receive multi-million pound boost to improve facilities](#)

The government has confirmed the release of £25 million for upgrades and refurbishments today for hospices across England.

[Over a quarter of pupils missing out on HPV vaccine](#)

On HPV Awareness Day, parents are reminded HPV vaccine gives protection against cervical cancer and protects both girls and boys from several other types of cancer.