

Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

[Guidelines for involving young people with lived experience in suicide research](#)

Summarises a Delphi study that involved lived experience and researcher stakeholders in developing a comprehensive set of guidelines for involving youth with lived and living experience of suicide in suicide research.

[A case of altruistic suicide by severe carbon monoxide poisoning](#)

Suicide attempt by CO poisoning is a highly lethal means to end life, and the benevolent nature of this attempt strongly represents altruistic intentions being the driving force behind such a serious suicide attempt. In modern times, as families are becoming more nuclear and society places more importance on individual and sense of self-identity, rather than as a part of a bigger community, it is likely that altruistic suicides may not meet all the traditional criteria. More research is needed to redefine sociological theories of suicides keeping in mind societal changes.

[Risk of suicide, suicide attempt, and suicidal ideation among people with vitamin D deficiency: a systematic review and meta-analysis](#)

The results of this meta-analysis indicated that vitamin D levels are lower among patients with suicidal behaviors. These findings can inform suicide prevention programs, particularly for target groups experiencing significant vitamin D deficiency.

[Glucagon-like peptide-1 receptor agonists and risk of suicidality among patients with type 2 diabetes: active comparator, new user cohort study](#)

In this large cohort study, the use of GLP-1 receptor agonists was not associated with an increased risk of suicidality compared with the use of DPP-4 inhibitors or SGLT-2 inhibitors in patients with type 2 diabetes.

[Usability of a mobile app for suicide risk awareness in South Korea](#)

The study demonstrated the potential of a mobile app to enhance suicide risk awareness among young adults in South Korea. Moreover, user engagement with the app can be improved by ensuring confidentiality and fostering perceived learning.

[Revealing the confluences of workplace bullying, suicidality, and their association with depression](#)

This study marks the first confirmation of the association between workplace bullying and suicide ideation or attempts among workers without depression. It underscores the importance of identifying bullying experiences, irrespective of depression, to assess suicide risks among employees and suggests a need for a more detailed evaluation among male employees. The implementation of organizational policies and occupational healthcare initiatives addressing workplace bullying is postulated to be instrumental in mitigating work-related suicides.



[Childhood maltreatment and non-suicidal self-injury: the mediating role of mentalization and depression](#)

The findings suggest that childhood emotional abuse has a markedly different impact compared to other forms of childhood maltreatment. Interventions focused on improving mentalization may be particularly effective in addressing the effects of emotional abuse, mitigating depression, and reducing the risk of non-suicidal self-injury.

Statistics

[Risk factors for suicide in children and young people in England](#)

Suicide is one of the leading causes of death in children and young people; we have identified groups of young people in England with a higher risk of dying by suicide. [Dataset](#)

[Prevention of Future Death reports for suicide in children in England and Wales](#)

Emerging themes resulting from qualitative analysis of Prevention of Future Death reports, submitted by coroners in England and Wales from January 2015 to November 2023. [Dataset](#)

[The risk of dying by suicide in children and young people with Special Educational Needs, England: 27 March 2011 to 31 December 2022](#)

Descriptive statistics and model estimates for risk factors associated with dying by suicide in children and young people with Special Educational Needs. Includes breakdowns by age group, ethnic group, household National Statistics Socio-economic Classification (NS-SEC), country of birth, main language, household language, carer status, communal establishment, general health, and disability.

News

[Tips to start a conversation about self-harm](#)

Dr Amir Khan shares some tips to help you have a conversation about self-harm.

