

Reports

[Public satisfaction with the NHS and social care in 2024 \(BSA\)](#)

Just 1 in 5 people (21%) in 2024 said they were satisfied with the way the NHS runs. 6 in 10 people (59%) said they were 'very' or 'quite' dissatisfied with the NHS in 2024, a sharp rise from 52% in 2023. This is the highest level of dissatisfaction with the health service since the British Social Attitudes (BSA) survey began in 1983.

[Performance of the health service in England: Secretary of State for Health and Social Care annual report 2022 to 2023](#)

The Secretary of State for Health and Social Care's assessment of the performance of the health and care service in England for 2022 to 2023.

[Improving support for people with complex mental health difficulties](#)

Long spells in hospital far from home leave people isolated and dislocated from their communities. For some people with complex mental health difficulties, including people who have been given a diagnosis of 'personality disorder', a lack of effective support from mental health services means they get inadequate care and face long stays in hospital.

[Infectious diseases impacting England: 2025 report](#)

Summary of the latest infectious disease trends, bringing together the latest data and outlining the steps the organisation is taking to tackle ongoing threats.

[Evaluation of the 2022 Fit Note Reforms](#)

The research was commissioned to gain insights into the views and experiences of healthcare professionals, employers and patients in England, Scotland and Wales to the implementation of two legislative changes made to fit notes in 2022.

Statements

[Mental Health: Expected Spend for 2025-26](#)

Today I am publishing this third annual statement, following the one made in March 2024 by my predecessor. The Health and Care Act 2022 introduced a statutory requirement for the Government to publish an annual statement setting out expectations for NHS mental health services spending.

Guidance

[Suspected cancer: recognition and referral \[NG12\]: Last updated: 07 April 2025](#)

This guideline covers identifying children, young people and adults with symptoms that could be caused by cancer. It outlines appropriate investigations in primary care, and selection of people to refer for a specialist opinion. It aims to help people understand what to expect if they have symptoms that may suggest cancer.

[Working with Dogs in Health Care Settings](#)

This updated guidance highlights the precautions that should be taken when dogs are brought into various health care settings and provides clear guidance on all reasonable safeguards that should be put in place to protect patients or residents, visitors and staff. It covers the role of both the dog and the owner/handler and includes information that all organisations should take into account before allowing a dog to access their premises. This includes staff with assistance dogs as well as patients, visitors, and people and organisations who have contact or who work with assistance dogs or therapy dogs.



[Eyes Right: Eye care insights for every health professional](#)

This guidance highlights the importance of eye care, the roles and responsibilities of the carer in delivering care and accessing the right care at the right time. It covers support for the visually impaired, mobility and living skills, ophthalmic emergencies and non-emergency conditions requiring attention.

Cochrane Clinical Answers

[What are the effects of different interventions for people interested in quitting nicotine-containing vapes?](#)

For teenagers and adults who vape and are interested in quitting, text messaging-based interventions (with daily messages for up to seven months with cessation advice and support) may increase quit rates at six months or longer compared with no or minimal support (246 vs 186 per 1000 people; all results on average; low-certainty evidence).

Infographics

[The Community Mental Health Survey 2024 infographic](#)

The Community Mental Health Survey 2024, coordinated by Picker on behalf of the Care Quality Commission (CQC), gathered feedback from more than 14,600 people who were in contact with services between April and May 2024. The survey provides important insights into the quality of person centred care provided to those receiving community mental health services across the country.

Evidence Updates

[Processed foods and health: SACN's rapid evidence update](#)

A Scientific Advisory Committee on Nutrition (SACN) rapid evidence update on processed foods and health.

Podcasts

[Military psychiatry \(CPD eLearning\)](#)

Mental health in the military may seem like a confusing topic for NHS psychiatrists. However, there may be interfaces between the military and NHS at key points in a service persons' journey, which is why it is important for NHS psychiatrists to have a sense of understanding of this topic.

Blogs

[Rural mental health: addressing the hidden inequalities](#)

Last year, Centre for Mental Health co-hosted a roundtable with Rural Mental Health Matters, an organisation dedicated to improving mental health support in rural areas of the UK. We wanted to explore the specific challenges to people's mental health in rural Britain, the support that's available, and how well services are attuned to the specific challenges they face.

[What role does alcohol play in diets, and what can we do about it?](#)

Obesity is a leading cause of preventable deaths in the UK. At NESTA, we are committed to halving obesity through small but sustained changes to the nation's health. Diet is key to this – and what you drink is part of your diet. This blog explores the contribution of alcohol to our diets and considers policies the government could pursue to help reduce alcohol-related harm while supporting healthier diets.



[Exploring ways to ensure people can afford a healthy diet](#)

The affordability of healthy food is a key barrier to maintaining a healthy weight. This challenge has only intensified due to rising living costs and higher-than-average inflation over the past four years.

[Another hammer blow – our analysis of the government’s announced changes to PIP and Universal Credit](#)

Governments are always making tweaks to the welfare system. But the government’s package of reforms, set out last week and updated yesterday, is far from a tweak. The Office for Budget Responsibility’s (OBR) analysis of the plans concludes this is “the largest package of welfare savings since July 2015,” when George Osborne announced long-lasting freezes and cuts to key benefits.

News

[High demand, long waits, and insufficient support, mean people with mental health issues still not getting the support they need](#)

People are waiting too long for mental health care and are not able to access the care they need when they need it, a survey from the Care Quality Commission (CQC) revealed today (Thursday 3 April 2025).

[National survey reveals problems in service users accessing mental health care and getting the support they need, including in times of crisis](#)

As demand for community mental health services continues to grow, a new national survey reveals persistent concerns around access to care and the overall patient experience. Results from the latest Community Mental Health Survey show that many people continue to experience long waiting times and struggle to access timely help and crisis care, with little improvement compared to 2023.

[Drop in mental health share of NHS funding 'disappointing'](#)

The drop in the share of spending on mental health is a worrying step in the wrong direction.

[“A disaster for the nation’s mental health” – we respond to the Spring Statement](#)

The Chancellor of the Exchequer, Rachel Reeves, has made a number of announcements around departmental budgets and cuts to the welfare system.

[Mind responds to CQC community mental health survey](#)

A new survey out today from the Care Quality Commission (CQC), polling over 14,000 people who accessed community mental health services, has found that 4 in 10 are waiting too long for care.

[Benefits cuts risk deepening mental health crisis for people on low incomes](#)

Leading mental health charity Mind is warning benefit cuts will be devastating, as new research reveals people on low incomes are also worst hit by the impacts of mental health waiting lists.

[RCPsych responds to Spring Statement](#)

The Chancellor, Rachel Reeves, has announced changes to the welfare system in her Spring Statement.

["Cuts to mental health share of NHS funding illogical" says RCPsych President](#)

The Health and Social Care Secretary, Wes Streeting, has published an annual statement setting out expectations for NHS mental health services spending.

[RCPsych welcomes CMH report on improving support for people with complex mental illnesses](#)

The Centre for Mental Health has published a new report which shows that people who have complex mental illnesses are often not able to access the care and treatment they need.



[Hospital at home and virtual wards: What works?](#)

Hospital at home and virtual wards provide safe alternatives to hospital care in the community. There is considerable variation in how they are operationalised at a local level. In general, their common feature is to provide healthcare in people's homes through a multidisciplinary clinical team. Care is delivered both remotely and face to face. They aim to help avoid admission as well as facilitate rapid discharge.

[Young people teach us how to StressLESS](#)

A new online tool, StressLESS, co-created by Mental Health Foundation and young people, will be launched today (Thursday 27 March). The resource is designed to support practitioners working with young people to ensure they have the tools to manage stress and support their wellbeing.

["Parents feel out of their depth and dealing with something outside of their knowledge and control"](#)

As part of Stress Awareness Month, Dr Nihara Krause discusses the concerns adults may have experienced as a result of watching the Netflix series Adolescence.

[How to speak to children and young people about toxic views online](#)

Psychologists from the BPS have stressed the potentially damaging effects on children and young people of viewing harmful information 'pushed' their way.

[New report explores the facilitators and barriers to servicewomen successfully transitioning out of the Armed Forces](#)

A new report from the King's Centre for Military Health Research (KCMHR) at King's College London has explored the experiences of servicewomen of the British Armed Forces during and post their service to better establish ways of improving their transition into civilian life.

[New services for patients under record pharmacy funding deal](#)

Patients to benefit from new services thanks to funding deal agreed between the government and Community Pharmacy England.

[NHS spring Covid-19 vaccine rollout kicks off with more than half a million appointments already booked](#)

Since last Tuesday (25 March), 563,154 Covid-19 spring booster jabs have been booked since the national booking system opened, with the NHS's top doctor encouraging the most vulnerable to book their appointment.

[NHS invites millions to book life-saving COVID-19 jab](#)

The online booking system opens today (Tuesday 25 March), for people to get a date in their diary for appointments starting from Tuesday 1 April.

[Public backs action to tackle tobacco, unhealthy food and alcohol amidst health crisis](#)

New public polling published today by the Health Foundation and Ipsos highlights overall public support for the government to tackle tobacco, unhealthy food and, to a lesser extent, alcohol to improve the health of the nation.